ABSTRACT OF THE DISCLOSURE

A lighting and transport system includes a cabinet having an interior with an access panel that can be opened and closed for enabling a user to access the interior when 5 the panel is open. The interior has a plurality of receptacles that include at least one vertically extending tall receptacle that is about as tall as the cabinet. A larger receptacle is provided that is shorter than the vertically extending tall receptacle and a plurality of smaller receptacles are provided that are each smaller in volume than the larger receptacle. At least one tripod is provided that is sized and shaped to be stored inside the cabinet within the tall receptacle. A plurality of electric lighting units are sized and shaped to be contained with the smaller receptacles.

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